



# AMERICA'S OPIOID CRISIS: THE UNSEEN IMPACT ON IOWA CHILDREN

AS IOWA FAMILIES STRUGGLE WITH ADDICTION, CHILDREN ARE CAUGHT IN THE FRAY.

## A GROWING CRISIS



**28% MORE**  
opioid-related deaths  
nationwide since 2015.



**86.8%** of people  
in Iowa suffering from  
drug dependence or  
abuse go untreated.



**8.7 MILLION  
CHILDREN**  
nationwide have a parent  
who suffers from a  
substance use disorder.

## A NEED FOR FAMILY-CENTERED POLICIES

KEEPING FAMILIES TOGETHER IMPROVES  
OUTCOMES AND LOWERS COSTS



**MORE  
THAN HALF**

of children placed in foster care  
go home to their families. Keeping  
families together from the start  
helps prevent further trauma and  
improves outcomes.

**MEDICAID PAID 81%  
OF THE \$1.5 BILLION**

that hospitals billed for treating  
babies suffering from opioid  
withdrawal in 2012.

Sources for this document are available at  
[www.aap.org/OpioidFactsheets](http://www.aap.org/OpioidFactsheets).

## A DEVASTATING TOLL ON CHILDREN

FOSTER CARE PLACEMENTS ON  
THE RISE

**4,184** IOWA  
CHILDREN  
were placed in foster care in 2016.



**14%**  
WERE INFANTS.

In **43%** of these placements,  
parental substance use was a factor.

MORE BABIES BORN EXPOSED  
TO OPIOIDS



Every **25 minutes** in  
America, a baby is  
born suffering from  
opioid withdrawal,  
which can mean:

- 1 LOWER BIRTHWEIGHTS
- 2 RESPIRATORY CONDITIONS
- 3 FEEDING DIFFICULTIES
- 4 SEIZURES
- 5 LONGER HOSPITAL STAYS

### A LIFELONG IMPACT

Children dealing with traumatic  
experiences can face social, emotional,  
physical, and mental health challenges  
that last into adulthood.

Left unaddressed, early childhood  
adversity can lead to **school failure**, risky  
behaviors like **alcohol and drug use**, and  
increased chance of health conditions  
like **obesity and heart disease**.



## WHAT YOU CAN DO

RETHINK OUR APPROACH: SUPPORT CHILDREN AND FAMILIES IN HEALING TOGETHER



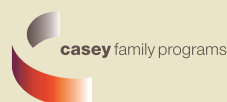
**Create policies that prioritize prevention** and allow children to  
remain safely with their families during treatment.



**Give providers tools** to recognize, treat, and support children and  
their parents affected by trauma to lessen the lifelong impact and  
promote healthy families.



**Ensure families have real and timely access to services** through  
Medicaid and other prevention and treatment programs.



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