

THE HEARTLAND PEDIATRICIAN

A publication of the Iowa Chapter of the American Academy of Pediatrics



A Note from the Chapter President

As we begin a new school year, I would like to update you on some of the activities of the Iowa Chapter over the summer months. Chapter leadership met with the leadership of the Iowa Academy of Family Physicians. We discussed areas of mutual concern such as: 1) work force issues in Iowa, especially in rural areas, 2) possible cooperative quality improvement activities regarding upcoming SCHIP quality measures, and 3) collaborative opportunities to improve the system of care for Iowa's children, adolescents, and their families. These initial discussions were very productive and we look forward to ongoing collaboration with our colleagues in family medicine.

Dr. Debra Waldron, our lobbyist David Adelman, and myself met with Governor Branstad and Lieutenant Governor Reynolds in July. We encouraged them to use the Iowa Chapter as a resource for information on children's Health issues. We also discussed the importance of including children, adolescents, and their families in the Governor's initiative to make Iowa the healthiest state in the nation. Governor Branstad agreed to make a proclamation in support of Child Health Day on Monday, October 3rd.

Congratulations to Dr. Debra Waldron for being appointed to the Children's Workgroup which is part of Iowa's mental health redesign. She will be a strong voice for the needs of children, adolescents, their families, and their health care providers.

On November 3rd and 4th, Dr. Robert Block will be a Visiting Professor at Blank Children's Hospital and the University of Iowa Children's Hospital. At that time he will be President of the American Academy of

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American Academy
of Pediatrics



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Iowa Chapter

month **9** year **11**

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Pediatrics. As many of you know, Bob grew up in Cedar Rapids where his father was a longtime pediatrician. We look forward to Bob's visit to Iowa. Look for more information regarding his visit in the near future.

Lastly, I would encourage you to consider attending the Fall Pediatric Postgraduate Conference being sponsored by the University of Iowa Children's Hospital and the Iowa Chapter. This conference, on September 23rd, will highlight the role that pediatricians can play in Iowa's system of care for behavioral and emotional problems in children and adolescents.

Ken Cheyne, MD, FAAP



The Iowa 2011 Legislative session....a wrap up

**David R. Adelman, J.D.
Vice President, Cornerstone Government Affairs**

The 2011 Legislative Session is finally over and from an outsider looking it may seem little was accomplished. After 172 days, which is the third longest on record, the lights are turned off.

We entered the 2011 Legislative Session in January with a new, well kind of new, Governor (Terry Branstad) and a split legislature. The Senate Democrats reduced their stronghold by 6 seats (26-24) but still held the majority and the House Republicans handily took majority in the House (60-40). If this didn't provide a steep enough curve to move legislation forward, 37 of the 150 legislators were new, which provided a unique opportunity to build new relationships. It also meant we needed to educate these legislators on our issues before any advocacy work could be done.

Because some of the social and business management issues were not taken up by the Senate, it forced the parties to find common ground in the middle and pass legislation significant to all Iowans. In addition to the budget, commercial property reform, mental health re-design and tweaks to Iowa's gambling laws are all in line to be debated. Some of these bills ended up passing in the final weeks while others will have to wait until next year.

Goals of reducing red-tape, cutting spending and lowering taxes were shared by both the democratic control Senate and republican controlled House of Representatives; the conflict existed in their approach. The parties dug in the heels and although the per diem for the legislators ran out April 29th, the Senate, House and Governor's office were in no hurry to compromise. To shut down the session required a short term appropriations bill to deal with the deadline problem of July 1st. HF698 makes appropriations through July 2011. The reason for this bill is that the Governor has 30 days after adjournment in order to decide on line item vetoes or vetoes on non-budget bills.

The final budget figure comes in at just under 6 billion dollars for FY 2011-2012, which was the Republican target.

Legislators did pass a re-organization of Iowa's Economic Development Agency which Governor Branstad had fought for. Allowable Growth for the Schools was set at 2% for year two of the budget also preschool funding was scaled back but not eliminated.

Commercial Property Tax Relief was the big loser in that all parties wanted a different approach resulting in no bill. There is a very outside possibility that the Governor could call a special session should all sides reach an agreement during the interim.

The next session believe it or not is only a few months away. Stay tuned as the Interim Committees have yet to be determined and will start up this fall.

The Legislature adjourned June 30th for the year and the men and woman we elected to write the laws of Iowa have returned to their districts. You have an opportunity over the next few months to make your voice heard. Reach out to your elected officials and make sure they know what your priorities are to make Iowa a better place to work and live. If you would like me to help facilitate an introduction or meeting please do not hesitate to reach out. I have yet to meet an elected official that does not want to meet his or her constituency.

With the political climate at what it is, today grassroots are more important than ever. First of all grassroots main goal is to GET THE WORD OUT! No matter what the word is. Whether it is supporting a specific piece of legislation or just the overall support or opposition of policy, the message needs to be heard by the people we send to the Capitol. The media plays a huge role in our grassroots plan. Writing letters to the editor is a sure fire way to get the word out about the our industries' priorities.

Over the interim we will shape our priorities for the 2012 legislative session...after all, it is right around the corner.

Issues Focus: Midwives and Naturopaths

IA AAP's two major challenges this session were with the naturopathic practitioners and the direct entry midwives. Both interest groups sought to be licensed by the State under the Board of Medicine. During the 7th week of the Legislature the Naturopathic legislation came before the Senate State Government committee and barely passed allowing it to move past a procedural deadline. IA AAP worked the entire Senate explaining that not only was the practice unsafe, but it also would force physicians to share in the cost of licensure with the naturopaths. Our opposition attempted to frame the argument as a turf battle for the doctors but IA AAP was successful in bringing the conversation back down to patient safety and risks involved with both practices.

The physician lobby was also victorious in defeating the direct-entry midwife legislation. IA AAP members testified in the mid-wife subcommittee. Our opposition stated that 550 babies per year are currently born in homes around Iowa by non-nurse midwives. Because of this statistic, these woman should be licensed by the State. IA AAP argued that the state would be licensing an unsafe practice. Moreover there are issues with liability when a mother and/or child is brought to a provider when an emergency occurs or a mistake happens. We attached an amendment onto the bill creating immunity for all providers who come in contact with the mother or child after a mid-wife's treatment. This amendment brought out the trial lawyers who spoke out against the bill as well. Both issues will be perennial fights but IA AAP continues to build relationships between our members and their local legislators educating them on this both of these unsafe practices.

Iowa Pediatrics Resident Advocacy Day

October 12, 2011

9:30am - 4pm

Blank Children's Hospital

Residents are invited to join Iowa Chapter leadership and legislative experts for a single day introduction and training on advocacy.

Topics will include an overview of the legislative process, tips on crafting an advocacy message, information on how to talk to legislators and testify before legislative bodies, incorporating advocacy into your career, writing a letter to the editor, as well as advocacy opportunities available through the Iowa Chapter and National AAP.

For more information , contact Patti Quigley (patricia-quigley@uiowa.edu)
or Donna Wong-Gibbons (dlwonggibbons@aap.net).



DISASTER PREPAREDNESS

The world continues to get “smaller.” It has been said that it often takes a “crisis” to get anything done. The massive disaster in Japan rings home with the flooding that occurs here in Iowa almost annually. A recent Annual Report on Disaster Preparedness published by Trust America’s Health: <http://healthyamericans.org/> rated Iowa poorly when compared to other states in being prepared for a disaster. This led to discussion at the AAP-Iowa Board to look into this issue. As a member of the Iowa Board of Health for the Iowa Department of Public Health (IDPH), I felt compelled to inquire about this as I also have been involved in preparing for disasters in Scott County where I am a Board member of the local Scott County Board of Health. I have had knowledge of several of Scott County’s efforts to prepare and practice for potential disaster and felt that at least in Scott County that the local health department was taking the appropriate steps to be prepared as anyone could be for potential disaster.

The website listed for Trust America’s Health is good site to link to and since the AAP-Iowa’s newsletter is “electronic” it is now easy for the readership to simply click or copy and paste the link(s) provided in this article into your internet browser and find out the facts. On the home page is a link so that you can compare state by state how Trust America’s Health evaluated all 50 states. When the information about

the state opens there are 3 menu bars that you can open and one is “Public Health Preparedness.” Iowa had 5 of the 10 indicators which were not met in the 2010 evaluation but in 2009 8 of the 10 were and in discussion at the Iowa Board of Health it was pointed out that these indicators are changed annually and looking at Iowa’s ranking over the past years from 2003-2010, the scores for Iowa have varied widely. It was pointed out that the indicators to help states improve preparedness have changed to the point that Iowa scored a low of 2/10 in 2005 to a high of 8 in 2008. For Example in 2008, The Iowa Department of Public Health had five Public Health Response Teams (these are all listed by link on their website) which function much like a Medical Reserve Corps (MRC) coordinator (one of the 10 indicators needed). These teams unfortunately did not meet the definition of an MRC and therefore Iowa did not receive credit for having this infrastructure. Iowa in 2009 then established an MRC and this indicator was taken out of the report without notice... Other examples of the change in picking the indicators to decide if a state is “Disaster Ready” but are beyond the scope of this article but the bottom line is that it is felt by the leadership of the Iowa Department of Public Health (IDPH) that the Trust for America’s Health report does not allow for consistent data analysis from one year to the next and may be a large part of the problem in trying to satisfy the requirements to be prepared for a disaster and the State of Iowa (IDPH) is continuing to prepare for disasters.

Be that as it may there IDPH does provide a number of detailed links on it’s website: <http://www.idph.state.ia.us/> . Go to the A-Z index on the left side of the web page and under “D” is a link to the Center for Disaster Operations and Response (CDOR). From here you can see their annual report by link: CDC Public Health Preparedness Capabilities: National Standards for State and Local Planning (a 153 page PDF of useful information). Just below the CDC link is a link called “Preparedness Links” and when you click on “more>>” the preparedness

links are listed by name and if you click on "Protect Iowa Health" there are links on the left to apply for a "free disaster preparedness booklet" by registering. If you click on the link just below that called "Take Action" there are 3 links to 1. Make a Plan, 2. Make a Kit and 3. Useful contacts. This set of links lists the needed materials a family will need to have in their home to "be prepared." When you click on #3. A window opens with a color coded representation of Iowa by Public Health Regions (6 in the state) and if you click on a county in one of the 6 regions a window opens listing the local hospitals and websites with phone numbers as well as local county health department contacts.

I must mention that the AAP Home Page provides a lot of good information on disaster preparedness and I would say is much more "user friendly" than the IDPH website. Here is a link to the webpage from the AAP on Disaster Preparedness. <http://www.aap.org/disasters/index.cfm> "Disaster Preparedness under Children's Health Topics." From here are links on "What's New" and "Key Recourses." In those links under "Resolve to Be Ready" are nice links: Disaster Preparedness for Pediatric Practices Tool. (Scroll to the bottom). In this link are 2 key resources I highly recommend: A Disaster Preparedness Plan for Pediatricians an article by Scott Needle, MD, FAAP (a downloadable PDF) and The Role of Pediatric Health Care Providers an article by Daniel Fagbuyi, MD, FAAP and Jeffrey Upperman, MD, FAAP (a PDF file.) Both are fairly short and to the point and easy to understand. The policy statement is also linked under "What's New" on this webpage and under "Key resources" a link is provided to the Journal Pediatric Emergency Medicine Vol. 10 Pg. 123-244. Sept. 2009.

[http://www.clinpedemergencymed.com/issues/contents?issue_key=S1522-8401\(09\)X0004-2](http://www.clinpedemergencymed.com/issues/contents?issue_key=S1522-8401(09)X0004-2) .

This journal provides a lot of interesting information much beyond the scope of this article. Also under "Key Resources" are links to Helping Children cope: <http://www.aap.org/disasters/adjustment.cfm> and I liked:

The Youngest Children's Preparedness Handout: <http://www.aap.org/disasters/pdf/Youngest-Victims-Final.pdf> is provided in a PDF format.

I will provide a person to contact at the AAP who can be helpful in providing other information to you about "Disaster Preparedness."

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I hope the members will find this information useful in helping them for "Disaster Preparedness" as this article was written in a format to "read and click" to the information that can help provide the information needed to help parents and their children prepare for a disaster. Hopefully, for those AAP-Iowa members who wish to learn more, "surfing the web" will open many other opportunities. Happy surfing....

Gregory Garvin, DO, FAAP

Email: garving@genesishealth.com



Dr Jane Meschan Foy- Linking and Integrating with Primary Care The Medical Home Model for Children's Mental Health

The Quad City Medical and the Quad City Health Initiative together with the Scott County Children's Mental Health Commission were able to have Jane Meschan Foy, MD, FAAP as a featured speaker at the Adler Health Education Center on the Genesis Medical Center East Campus on April 27th, 2011.

Dr. Foy is currently a member of the American Academy of Pediatrics (AAP) Mental Health Leadership Work Group, and previously chaired the AAP Taskforce on Mental Health. She is a Professor of Pediatrics at Wake Forest University School of Medicine in Winston-Salem, North Carolina. She had several presentations throughout the day and I had the privilege of meeting with Dr. Foy the evening before along with Dr. Robert Anderson, a former President of the AAP- Iowa.

Dr. Foy's topic was "Linking and Integrating with Primary Care: The Medical Home Model for Children's Mental Health." This program was designed to increase the awareness of the pediatrician, family practitioner and mental health professional in the prevalence of children's mental health problems, and the strategies that can be incorporated to achieve successful treatment outcomes as it relates to the medical home. At the event at the Adler Health Education Center, Dr. Anderson also provided some timely thoughts about the medical home. The event was well attended locally. Dr. Foy presented at 4 other times throughout the day to various groups in the community, which included 2 webinar discussions with the University of Iowa Hospitals and Clinics and Child Health Specialty Clinics.

This event by Dr. Foy was to serve as a catalyst for the Mental Health Commission to engage the community locally into active participation in the development and implementation of a Children's Mental Health System of Care in Scott County.

The Commission will be conducting focus groups and gathering community input in order to best serve Scott County. Dr. Foy will be returning to our community in October to see the progress. For more information regarding this process you might contact Ryan Bobst, MSW, LMSW-Community Planner, ryan.bobst@scottcountyiowa.com.

For more information about this topic please contact Renee Jarrett, Manager of AAP Mental Health and Foster Care Initiatives, RJarrett@aap.org. Another staff contact is Linda Paul, MPH, Manager of Committees and Sections, lpaul@aap.org. Dr. Foy can be reached at: jfoy@aap.net.

AAP mental health resources and opportunities which may be of interest to IA-AAP members include:

New Technical Report

Pediatric and Adolescent Mental Health Emergencies in the Emergency Medical Services System

Mental Health E-News & Listserv

<http://aap.org/commpeps/dochs/mentalhealth/>

To join the AAP mental health listserv to receive announcements and the bimonthly E-News, email mentalhealth@aap.org

Dr. Anderson and I are involved in Scott County efforts and will be participating in one or several of the focus groups to get this process off the ground. I hope to present more information in the newsletter after Dr. Foy's October visit. For more information, please contact me at: garving@genesishealth.com

Gregory L Garvin, DO, FACOP, FAAP
AAP-Iowa Board Member
AAP-Osteopathic Section Board Member





SAVE THE DATE

2011 Pediatric Education Conference

Child & Adolescent Mental Health



Friday, September 23, 2011



Location:

Urmila Sahai Seminar Room, Sahai Medical Education Center
Room 2117 Medical Education and Research Facility
Newton Road, Iowa City, IA

Topics:

- Mental Health Reform •Social Determinants •Infant Mental Health
- Developmental and Autism Screening •Teen Screening
- Psychiatric & Pediatric Collaboration •Parent's Voice

Sponsored by:

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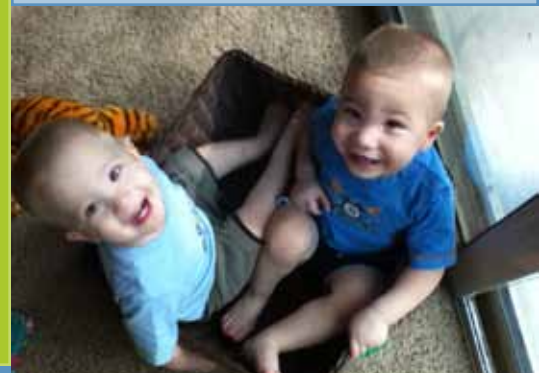
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Donna Wong-Gibbons, PhD	Executive Director

For questions or comments about this newsletter or the Iowa Chapter, contact Donna Wong-Gibbons, Executive Director 319-621-5161 dhwonggibbons@aap.net





American Academy of Pediatrics



Voting is now open for National AAP President-Elect and District VI National Nominating Committee

Mary P. Brown, MD Bend, OR

President-Elect candidates are Mary P. Brown, MD and Thomas K. McInerney, MD.

Thomas K. McInerney, MD Rochester, NY

District VI National Nominating Committee candidates are Irwin Benuck, MD (IL) and Jeffrey H. Lamont, MD (WI).

Biographies for all candidates are available online at http://www.aap.org/moc/vp/eleclink.htm (member center login required).

You can also view responses by President-Elect candidates to questions about the value of membership, maintenance of certification, and the future of pediatrics in a changing healthcare environment.

44th Annual Clinical Advances in Pediatrics Symposium

presented by Children's Mercy Health Network

Our nationally recognized guest faculty includes:

- Carrie L. Byington, MD: Community Acquire Pneumonia; Navigating the New Guidelines, Update on Group B Strep Infections; University of Utah School of Medicine, Salt Lake City, UT
William L. Hennrikus, MD: Common Fractures, Workshop on Common Orthopedic Exam Pearls; Milton S. Hershey Medical Center, Hershey, PA
Patricia K. Kokotalo, MD: Teen Substance Abuse; University of Wisconsin School of Medicine and Public Health, Madison, WI
Marianne Neifert, MD: Common Breast Feeding Myths; Dr. Mom Presentations, Parker, CO
David T. Tayloe, MD: The Future of Pediatrics; Goldsboro Pediatrics, Goldsboro, NC
Myra H. Wyckoff, MD: Update on the Neonatal Resuscitation Program; Southwestern Medical Center, Dallas, TX



Register now at www.childrensmercy.org/cmhn

November 15-18, 2011

Children's Mercy Hospital

Kansas City, Missouri