CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care
Thursday, April 2, 2020
8:20am-2:45pm

Quad-Cities Waterfront Convention Center
2021 State Street
Bettendorf, IA 52722

Program Agenda
Thursday, April 2, 2020- Iowa Room

8:20am-8:45am  Registration and coffee

8:45am-9:00am  WELCOME AND ANNOUNCEMENTS
Thomas Scholz, MD

9:00am-10:00am  USING AND TEACHING BRIEF PARENT MANAGEMENT
BEHAVIORAL INTERVENTIONS DURING MEDICATION
MANAGEMENT APPOINTMENTS
Burgundy Johnson, DO

10:00am-11:00am  ANXIETY DISORDERS AND DEPRESSIVE DISORDERS IN
CHILDREN AND ADOLESCENTS
Dewi Abramoff, MD

11:00am-11:30am  INTRODUCTION TO THE IOWA PEDIATRIC MENTAL
HEALTH COLLABORATIVE
Thomas Scholz, MD

11:30am-12:30pm  Lunch and Networking (lunch will be provided)

12:30pm-1:30pm  DIALECTICAL BEHAVIOR THERAPY 101
James Burghalter, LISW
Michelle McNeil, RN, BSN

1:30pm- 2:30pm  EATING DISORDERS IN CHILDREN AND ADOLESCENTS
Christine McCormick-Pries, ARNP

2:30pm-2:45pm  Closing Remarks
Session Information

**Mental Health Collaborative**

**Objective:**
- Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative.

**INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE**

Thomas Scholz, MD - University of Iowa Division of Child and Community Health

**Objectives:**
1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative.
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home.
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists.
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family support.

**Session Information Cont.**

**DIALECTICAL BEHAVIOR THERAPY 101**
James Burkhalter, LISW, Director of DBT Programming - University of Iowa Hospitals & Clinics
Michelle McNeil, RN, BSN, DBT Nurse Counselor - University of Iowa Hospitals & Clinics

**Objectives:**
1. Describe the origins and foundations of DBT.
2. Discuss the 4 skills modules in DBT programming.
3. Introduce DBT group structure at UIHC.

**EATING DISORDERS IN CHILDREN AND ADOLESCENTS**
Christine McCormick-Pries, ARNP, Clinical Director - Vera French Community Mental Health Center

**Objectives:**
1. Review signs and symptoms of common eating disorders.
2. Discuss the prevalence of eating disorders in the pediatric population.
3. Identify diagnostic evaluation methods for children, adolescents, and their families.
4. Recommend evidence-based treatments for patients affected by eating disorders.

**General Information**

**STATEMENT OF PURPOSE**
The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

**AUDIENCE**
Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

**LOCATION**
Quad-Cities Waterfront Convention Center
2021 State Street
Bettendorf, IA 52722

Venue information can be found at the link below:
https://www.qcwcc.com/index.html

**PARKING**
Free parking is available outside of the main entrance.

**REGISTRATION FEES**
This training is provided at no cost. Registration is required.

**ONLINE REGISTRATION**
Register online:
- Registration form link: https://uiowa.cloud-cme.com/default.aspx?P=0&EID=32636
- Website link: https://uiowa.cloud-cme.com/default.aspx?P=1000

If you encounter difficulties while registering, please call the University of Iowa CME Office at 319/335-8599, M-F, 8-4:30.

You will receive a confirmation email verifying your registration.

**FOR MORE INFORMATION OR QUESTIONS**
Contact Kafi Dixon:
Phone 319-335-3570
Email kafi-dixon@uiowa.edu

**CANCELLATION**
To cancel your registration, contact the University of Iowa CME Office at 319-335-8599.

**CONTINUING EDUCATION**
CME ACCREDITATION - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACME) to provide continuing medical education for physicians.

CME CREDIT DESIGNATION - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CE ACCREDITATION - The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. For full-time attendance, 4.5 contact hours will be awarded.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $445,000 with 20% financed with non-governmental sources. The content are those of the presenter(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.