

# Addressing Adolescent and Young Adult Depression in Primary Care

AYA-BH CoIIN QI Collaborative

## *Timeframe*

- Enrollment deadline **October 1, 2021**
- Webinar trainings and data submission **October 5, 2021 – June 22, 2021**

## *Eligibility*

- Any clinician or clinical site providing medical care to youth ages 12-25 and currently implements, or will start implementing, depression screening and management.

## *Enrollment Link*

- <https://go.uvm.edu/ayahregistration>

## *Incentives*

- 25 credits toward Maintenance of Certification (MOC), Part 4 from the American Board of Pediatrics (ABP)
- 20 Performance Improvement Continuing Medical Education (CME) credits
  - These credits are eligible for the ABFM Family Medicine Certification program
  - Accepted by: AMA, CFPC, AOA, AAPA, NCCPA, ANCC, AANP, AANPCP, AAMA, ABFM, ABEM, ABPM, ABU

## *Data Requirements*

- Chart review: 10 charts per month for 9 months
- Office Systems Inventory (pre/post)
- Monthly PDSA log for 6 months
- Staff Impact Survey (post)

## *Training topics*

- Promoting Emotional Well-being
- Depression Screening Tools and Operationalizing Screening
- Addressing Positive Screens: Referrals and Care Coordination
- The Nuts and Bolts of Prescribing SSRIs for Primary Care Clinicians
- Clinicians Quick Guide to Comorbid Mental Health Disorders in Primary Care
- Addressing Self Harm and Suicide Prevention
- Motivational Interviewing in Primary Care

## *Benefits to Participation*

- NIPN has 20 years' experience supporting QI in primary care
- Improve depression screening rates (may be quality metric)
- Receive assistance in assessing office systems, identifying barriers, and selecting strategies to test with PDSA cycles
- Monitor progress through monthly data reports and coaching support
- Earn free MOC and/or Performance improvement CME
- QI collaborative meets criteria for PCMH recognition
- Opportunity to connect with state MCH partners

## *Primary Contact*

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