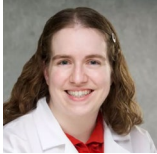








Critical Conversations: Pediatric Mental Health in Primary Care

Friday, September 12, 2025 - 8am-12pm via Zoom

Register at www.chsciowa.org/conference

IOWA
HEALTH CARE

8am-8:05am	Welcome and Announcements
8:05am-8:45am	Evaluation and Management of Pediatric Anxiety in the Primary Care Clinic  Amanda Elliott, DO – Clinical Associate Professor, University of Iowa Department of Psychiatry <ul style="list-style-type: none">○ Discuss common presentations of anxiety in the pediatric population.○ Discuss screening tools for anxiety that can be used in primary care office.○ Review pharmacologic treatment options for pediatric anxiety disorders.
8:45am-9:25am	Supporting Children with Anxiety in Primary Care  Jamie Elizalde, PhD, NCSP – Clinical Associate Professor, University of Iowa Department of Psychiatry <ul style="list-style-type: none">○ Improve understanding and conceptualization of how anxiety/OCD manifests in children and adolescents.○ Learn about the “accommodation cycle” and its role in the maintenance of anxiety/OCD.○ Learn (non-pharmacologic) best practices for treating and supporting children and adolescents with anxiety in the primary care setting.
9:25am-9:40am	Break
9:40am-10:20am	Support for Youth and Families in the Digital Age  Michaeline Jensen, PhD – Associate Professor of Psychology, UNC Greensboro <ul style="list-style-type: none">○ Summarize the state of the evidence on adolescent technology engagement and mental health.○ List limitations of prior studies seeking to understand linkages between technology engagement and mental health.○ Identify effective media parenting strategies.
10:20am-11am	Harm Reduction Approaches to Adolescent Substance Use  Chantal Rozmus, DO – Staff Psychiatrist, Abbe Community Mental Health Center <ul style="list-style-type: none">○ Discuss risks related to specific substances.○ Discuss harm-reduction methods that can be employed with different substance use.○ Compare national trends to substance use in Iowa teens.
11am-11:40am	Environmental and Behavioral Supports for Children with ADHD  Jennifer Kuhle, PhD, BCBA-D – Clinical Assistant Professor, University of Iowa Department of Psychiatry <ul style="list-style-type: none">○ Identify typical areas of need for children with an ADHD diagnosis.○ Describe environmental and behavioral modifications that can be used in home to support children with an ADHD diagnosis.○ Demonstrate use of visual supports for the home environment.
11:40-11:55am	Increasing Mental Health Access: Welltrack Connect and UI Consult Line   Hanna Stevens, MD, PhD – Professor of Psychiatry, Division Director, University of Iowa Child and Adolescent Psychiatry Liz Gleason, MSW, LISW – Social Worker, Scanlan Center for School Mental Health <ul style="list-style-type: none">○ Learn how to enhance management of children’s mental health in primary care.○ Learn how to access Welltrack Connect to identify mental health resources in Iowa.○ Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists.
11:55am-12pm	Closing

Statement of Purpose

This virtual training is hosted by the Iowa Pediatric Mental Health Collaborative. This activity provides continuing education on common pediatric mental health conditions for primary care providers and other mental health professionals to support identification and treatment of mild to moderate mental health conditions within the clinic setting.

Accreditation Statement



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 3.5 ANCC contact hours.

Social Worker: As a Jointly Accredited Organization, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 3.5 clinical continuing education credit(s).



Physician Associate: The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credits for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of the licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

HRSA Funding Statement

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$700,000 with 20% financed with non-governmental sources. The content are those of the author(s) and do not necessarily represent the official view of, nor an endorsement, by HRSA, HHS, or the U.S. Government.

For More Information

Contact Kafi Dixon at kafi-dixon@uiowa.edu or 319-356-3570.
www.chsciowa.org/conference