**The Iowa CARE Project: Make your own QI project**

American Board of Pediatrics Website: <https://www.abp.org/content/your-own-qi-project>

Checklist for application: <https://www.abp.org/sites/abp/files/pdf/small_group_qi_project_application_checklist.pdf>

Submit on ABP website by Dec. 1, 2023.

Text

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Application questions: <https://www.abp.org/sites/public/files/pdf/moc-small-group-qi-application.pdf>

Example of clinical project: <https://www.abp.org/sites/abp/files/pdf/sqipa-example-clinical.pdf>

**For the CARE project:**

Aim: Improve pediatrician knowledge by 50%, attitudes by 50% and practices by 50% and maintain higher percentage of practices at 1 month follow up regarding early relational health and SSNRs. By August 2023

Elements tracked: Pre- and post- surveys, with 1 follow up sustainable survey

Cycle 1

* Pre-webinar survey
* Deliver Webinar (wait 1 month)
* Post-webinar survey
* Analyze data

Cycle 2

* Introduce digital toolkit (wait 1 month)
* Post-toolkit survey
* Analyze data

Cycle 3:

* Introduce hands-on toolkit (wait 1 month)
* Post-toolkit survey

Finish:

* Collect and analyze all data
* Write it up and submit to ABP

Graphical user interface, application

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